

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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We preach a crucified Christ.

Christ gave his life in love to his Father; in a way beyond human understanding, his death shows the wisdom of God. Christ rose again from the dead; the message of eternal life is contained in Christ's death and resurrection.

Readings

Sundays Year B ~ Weekdays of Lent ~ Psalms Week 3
3rd Sunday of Lent
4th March 2018

Entrance Antiphon

*My eyes are always on the Lord,
 for he rescues my feet from the snare.
 Turn to me and have mercy on me,
 for I am alone and poor.*

First Reading

The law was given through Moses.

Exodus 20:1-17

Responsorial Psalm

You, Lord, have the message of eternal life.

Psalms 18

Second Reading

Here we are preaching a crucified Christ, an obstacle to men, but to those who are called, the wisdom of God.

1 Corinthians 1:22-25

Gospel Acclamation

*Praise to you, O Christ, king of eternal glory!
 I am the resurrection and the life, says the Lord,
 whoever believes in me will never die.
 Praise to you, O Christ, king of eternal glory!*

Gospel

Destroy this sanctuary, and in three days, I will raise it up.

John 2:13-25

Mass Times and Intentions

Saturday	3rd March	3rd Sunday of Lent	6:00pm	Parishioners
Sunday	4th March		10.30am	Deceased members of the Stowers Family
Monday	5th March	Lent Feria	7:00am	Vocations
Tuesday	6th March	Lent Feria		No Mass
Wednesday	7th March	Lent Feria	7:00pm	Derek Newton
Thursday	8th March	S. Felix	9:15am	Tony Green R.I.P.
Friday	9th March	Lent Feria	9:15am	Mass in School
			7:00pm	Stations of the Cross
Saturday	10th March	Lent Feria	10.00am	Parishioners
Saturday	10th March		6.00pm	Paul Grant R.I.P.
Sunday	11th March	4th Sunday of Lent	10.30am	Margaret Buck R.I.P.

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.

The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room

Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

Sick and Housebound – Please pray for Dorothy Rose, Therese Anne Finnie, Fr. Michael Hood, John Wright, Sery Mao, Anne Stanway, Christina Thomas, Geoffrey Croasdale, Katie Hawketts, Juana Pagaoa, Peter Brown, Michael Coster, Marlene Coster, Regina Mukontiene, Peter Derricourt, Mark Taylor, Eila Barnett, Teresa Barron, Michele Bendall, Anthony Potter, Sybil Chamberlin, Joan De Manby, Veronika Cook, Alice King, Robert Pitts, Oliver Rogers, Ella-Grace Honeyman, Darren Platts, Vivienne Mallet, Claire Edmeades, Richard O'Brien, Jose Monzon, Nancy Daley, Marguerite Ross, Ken Jenkin, Darren Grey, Susan Redford, Penny Bartlett, Banny Kibblewhite, Lory Brooks, Helen Freeston, Ann Bethany and Antoni Gadzicki.

Faithful Departed – please pray for Joseph Mullarkey, Millicent Symes, Eugene Gaffney, Maria Gedge, Eileen Johnson, Helen Younger, Jean Riley-Budds, Nena Cassar, Lexie Moon, Beryl Hunter, Shirley Woods, Rose Graves, H=Jean O'Sullivan, Gerald Pond, Joseph Delaney, Michael Dineen, Mollie Gooch, Verdon Thrower, and all whose anniversaries occur around this time.

Reconciliation sounds a large theological term, but it simply means coming to ourselves, arising, and going to our Father

John Oman.

National Catholic Men's Pilgrimage to Walsingham: Sunday 22nd April 2018, 10.30-17.30. A warm invitation to the first, annual pilgrimage for Catholic men. Meet, talk and share the faith with other men; listen to speakers, celebrate confession and Mass, pray for families and for the country; process to the old Abbey grounds for Benediction. We welcome lay and religious, single and married, young and old, fathers and sons. "When England returns to Walsingham, Our Lady will return to England". Pope Leo XIII, 1887. In partnership with the Catholic National Shrine of Our Lady and Catholic Man UK. For more information visit www.catholicman.co.uk

Fully escorted Pilgrimage to Knock Shrine, Ireland, 23rd April 2018. £599 per person sharing. Price includes flights with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions and guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at supplement of £100. Groups and Individual bookings welcome. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com

'They Served': Please see the letter on the noticeboard in the porch about contributions of family stories, anecdotes, etc., that are needed for a display at the cathedral on the Heritage Open Days later this year. More information can be obtained from Julia Stafford on 01603 724381 or by emailing heritageopendays@sjbcathedral.org.uk

Costessey Hall 2: There will be a further showing of this film at the Costessey Centre at 7.00pm on Monday March 12th.

Rosary on the Coast for Faith, Life & Peace in the British Isles Sunday April 29th 2018 at 3pm. Rosary on the Coast is an initiative of the Lay Faithful across the British Isles inviting the faithful of our nations, with the support of our clergy and Bishops, to a Day of Prayer for Faith, Life and Peace which will surely be pleasing to the Holy Spirit, and to Our Blessed Mother.

Please check <https://www.rosaryonthecoast.co.uk/> or visit the facebook page [rosaryonthecoast/](https://www.facebook.com/rosaryonthecoast/) for more information

Missio Box Holders – Please bring your boxes to church on first two week-ends of March 3rd /4th & 10th /11th. Many thanks

LENT LUNCHESES: Churches Together in Costessey will again be holding lent lunches with all proceeds being forwarded to Christian Aid as a gift from the Christians in Costessey. The lunches will be from 12.00 noon to 2.00pm each Saturday, on **March 10th at Costessey Baptist Church & March 17th at St Walstan's**. As there is still no firm date for the re-opening of St Edmund's, no lunch has been planned there. Please support as many of the lunches as you can.

Collections: 24th /25th February £ 711.31
Many thanks

Benedictine Meeting: Thursday 8th March from 11:00 to 15:00 in the Garden Room.

Lent: Early morning Mass, Monday at 7:00am. Stations of the Cross will be on Friday at 7:00pm.

HOLY WEEK Readers & Ministers have now been allocated their ministries. Please check the list in the porch & make a note of the services for which you'll be needed. If you are unable to attend for any reason, please arrange for another reader or minister to take your place.

Vocations: Monday March 5th is our monthly day of prayer for vocations. Mass for that intention will be at 7.00am and there will be Exposition from 9.30am, ending with simple Benediction at 10.30am

The next cake, Jam and Bring & Buy is on Sunday 4th March in the Garden Room after Mass. All proceeds to Mary's Meals and Blood Bikes.

The next UCM meeting is on Thursday 6th March in the Garden room at 10:45. The theme is Knitted Bible.

Competitions for Young People: Please see the posters in the porch about the Knights of St Columba's' three competitions: Easter Scene Painting; Essay Writing; and Prayer Writing.

Coffee Morning: There will be no Monday coffee morning during Lent. We will be back to normal after Easter. Starting back on the 16th April. Thank you.

Exposition: Every parish has been asked to have an extended period of Exposition to pray for Vocations during their allocated week during the year. Our week is the 4th week of Lent so there will be Exposition from 10.00 until 17.30 on Wednesday March 14th. Please sign up for a half-hour (or longer) on the rota in the porch. Thank you.

Day of Recollection: Saturday March 10th, 10.30am-4.00pm, at Our Lady of Good Counsel and St Peter Catholic Church in March, led by David Payne, director of Café. Bring a shared lunch. More details on the poster in the porch and the Garden Room.

School Masses – Spring Term 2018
9th March – 23rd March

All items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.