

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



**Parish Priest**  
**Fr. David Ward**  
 The Presbytery, Townhouse Road  
 Costessey  
 Norwich NR8 5AA  
 Tel. 01603 742812  
[davidward@stwalstans.com](mailto:davidward@stwalstans.com)

**Deacon**  
**Rev. Bill Dimelow**  
 Crofthaven, The Croft  
 Costessey  
 Norwich NR8 5DT  
 Tel: 01603 743476  
[postmaster@billdimelow.plus.com](mailto:postmaster@billdimelow.plus.com)

**School**  
**Head of School: Rachel Swindell**  
 St Augustine's Catholic Primary School  
 19 West End, Costessey  
 Norwich NR8 5AG  
 Tel: 01603 743317  
[office@st-augustines.norfolk.sch.uk](mailto:office@st-augustines.norfolk.sch.uk)

*The Lord is generous with his mercy.*

*Jesus Christ is given to the world by God the Father so that those who believe in his name may be saved. He brings us new life because previously we were dead through sin but now we are saved through grace. We are God's work of art, created in Jesus Christ.*

Readings *Sundays Year B ~ Weekdays of Lent ~ Psalms Week 3*  
**3<sup>rd</sup> Sunday of Lent**  
**4<sup>th</sup> March 2018**

**Entrance Antiphon** *Rejoice, Jerusalem, and all who love her.  
 Be joyful, all who were in mourning;  
 exult and be satisfied at her consoling breast.*

**First Reading** *The wrath and mercy of God are revealed in the exile and in the release of his people.*  
 2 Chronicles 36:14-16. 19-23

**Responsorial Psalm** *O let my tongue cleave to my mouth if I remember you not!* *Psalm 136*

**Second Reading** *You who were dead through your sins have been saved through grace.* *Ephesians 2:4-10*

**Gospel Acclamation** *Glory and praise to you, O Christ!  
 God loved the world so much that he gave his only Son;  
 Everyone who believes in him has eternal life,  
 Glory and praise to you, O Christ!*

**Gospel** *God sent his Son so that through him the world might be saved.* *John 3:14-21*

## Mass Times and Intentions

|                  |                              |                                      |                      |                                      |
|------------------|------------------------------|--------------------------------------|----------------------|--------------------------------------|
| <b>Saturday</b>  | <b>10<sup>th</sup> March</b> | <b>4<sup>th</sup> Sunday of Lent</b> | <b>6:00pm</b>        | <b>Paul Grant R.I.P.</b>             |
| <b>Sunday</b>    | <b>11<sup>th</sup> March</b> |                                      | <b>10.30am</b>       | <b>Margaret Buck R.I.P.</b>          |
| <b>Monday</b>    | <b>12<sup>th</sup> March</b> | <b>Lent Feria</b>                    | <b>7:00am</b>        | <b>Alice &amp; Bill Secker</b>       |
| <b>Tuesday</b>   | <b>13<sup>th</sup> March</b> | <b>Lent Feria</b>                    |                      | <b>No Mass</b>                       |
| <b>Wednesday</b> | <b>14<sup>th</sup> March</b> | <b>Lent Feria</b>                    | <b>10:00 - 17:30</b> | <b>Exposition (10:00-17:30)</b>      |
|                  |                              |                                      | <b>7:00pm</b>        | <b>Les Kilroy</b>                    |
| <b>Thursday</b>  | <b>15<sup>th</sup> March</b> | <b>Lent Feria</b>                    | <b>9:15am</b>        | <b>Harry McManus</b>                 |
| <b>Friday</b>    | <b>16<sup>th</sup> March</b> | <b>Lent Feria</b>                    | <b>No Mass</b>       | <b>No Mass</b>                       |
|                  |                              |                                      | <b>7:00pm</b>        | <b>Stations of the Cross</b>         |
| <b>Saturday</b>  | <b>17<sup>th</sup> March</b> | <b>St. Patrick</b>                   | <b>10.00am</b>       | <b>Philomena Newton</b>              |
| <b>Saturday</b>  | <b>17<sup>th</sup> March</b> | <b>5<sup>th</sup> Sunday of Lent</b> | <b>6.00pm</b>        | <b>Eileen Hogg R.I.P.</b>            |
| <b>Sunday</b>    | <b>18<sup>th</sup> March</b> |                                      | <b>10.30am</b>       | <b>George &amp; Constance Petrie</b> |

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.  
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room  
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

**Sick and Housebound** – Please pray for Dorothy Rose, Therese Anne Finnie, Fr. Michael Hood, John Wright, Sery Mao, Anne Stanway, Christina Thomas, Geoffrey Croasdale, Katie Hawketts, Juana Pagaoa, Peter Brown, Michael Coster, Marlene Coster, Peter Derricourt, Mark Taylor, Eila Barnett, Teresa Barron, Michele Bendall, Anthony Potter, Sybil Chamberlin, Joan De Manby, Veronika Cook, Alice King, Robert Pitts, Oliver Rogers, Ella-Grace Honeyman, Darren Platts, Vivienne Mallet, Claire Edmeades, Richard O'Brien, Jose Monzon, Nancy Daley, Marguerite Ross, Ken Jenkin, Darren Grey, Susan Redford, Penny Bartlett, Banny Kibblewhite, Lory Brooks, Helen Freeston, Ann Bethany and Antoni Gadzicki.

**Faithful Departed** – please pray for Regina Mukontiene, lately dead, Diana Mair, Hazel Emmerson, Edith judge, Gladys Nash, Arthur Paston, Elizabeth Whiff, Winifred Baldwin, Elsie Smith, Mary King, Kathleen Healy, Ada Melton, Natalia Welch, Valerie Ramsbottom, Frederick King, Millie Clark, Adriano Zagaglia, Edmund Cooper, Bertha Wilby, David White, Winifred Barnes, Julie Ann Waterhouse, Philomena Newton and all whose anniversaries

# *Whoever falls from God's right hand is caught in his left.*

Edwin Markham

**CONGRATULATIONS** to Estella Florence Power & Milo James Power who were baptised here last week-end.

**Dementia Prayer Week, 12th-19th March:** Please find time to pray this prayer during this week: Loving Father, you are close to the broken hearted. Look with compassion on those whose lost memories have robbed them of home and belonging. Comfort and strengthen those who care for them. May they make their home in you. This we ask through Christ our Lord.

**National Catholic Men's Pilgrimage to Walsingham:** Sunday 22nd April 2018, 10.30-17.30. A warm invitation to the first, annual pilgrimage for Catholic men. Meet, talk and share the faith with other men; listen to speakers, celebrate confession and Mass, pray for families and for the country; process to the old Abbey grounds for Benediction. We welcome lay and religious, single and married, young and old, fathers and sons. "When England returns to Walsingham, Our Lady will return to England". Pope Leo XIII, 1887. In partnership with the Catholic National Shrine of Our Lady and Catholic Man UK. For more information visit [www.catholicman.co.uk](http://www.catholicman.co.uk)

**Fully escorted Pilgrimage to Knock Shrine, Ireland,** 23rd April 2018. £599 per person sharing. Price includes flights with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions and guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at supplement of £100. Groups and Individual bookings welcome. Contact Patricia on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com)

**'They Served':** Please see the letter on the noticeboard in the porch about contributions of family stories, anecdotes, etc., that are needed for a display at the cathedral on the Heritage Open Days later this year. More information can be obtained from Julia Stafford on 01603 724381 or by emailing [heritageopendays@sjbcathedral.org.uk](mailto:heritageopendays@sjbcathedral.org.uk)

**Costessey Hall 2:** There will be a further showing of this film at the Costessey Centre at 7.00pm on Monday March 12th.

**Rosary on the Coast for Faith, Life & Peace** in the British Isles Sunday April 29th 2018 at 3pm. Rosary on the Coast is an initiative of the Lay Faithful across the British Isles inviting the faithful of our nations, with the support of our clergy and Bishops, to a Day of Prayer for Faith, Life and Peace which will surely be pleasing to the Holy Spirit, and to Our Blessed Mother. Please check <https://www.rosaryonthecoast.co.uk/> or visit the facebook page [rosaryonthecoast/](https://www.facebook.com/rosaryonthecoast/) for more information

**LENT LUNCHESES:** Churches Together in Costessey will again be holding lent lunches with all proceeds being forwarded to Christian Aid as a gift from the Christians in Costessey. The lunches will be from 12.00 noon to 2.00pm each Saturday the next one is on **March 17th at St Walstan's.**

**Collections:** 3<sup>rd</sup> /4<sup>th</sup> March

£ 473.28  
Many thanks

**Baptism Class:** The next class for parents wishing to have their children baptised will be held in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday March 24th. For further details please see Fr David or Deacon Bill.

**Saturday March 17th:** There will be tea and coffee in the Garden Room after the evening Mass.

**Mysterium (March 29th - April 1st) - An Easter Triduum retreat for 18 - 35s.** Journey through the Triduum as a community of young adults in the intimate surroundings of Dowry House, Walsingham. Led by the Ignite Team. See [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth) for more details.

**The Cake stall** raised £58.31. Many thanks for your support.

**Lent:** Early morning Mass, Monday at 7:00am. Stations of the Cross will be on Friday at 7:00pm.

**HOLY WEEK Readers & Ministers** have now been allocated their ministries. Please check the list in the porch & make a note of the services for which you'll be needed. If you are unable to attend for any reason, please arrange for another reader or minister to take your place.

**Coffee Morning:** There will be no Monday coffee morning during Lent. We will be back to normal after Easter. Starting back on the 16<sup>th</sup> April. Thank you.

**Missio Box Holders** – Please bring your boxes to church on first two week-ends of March 3<sup>rd</sup> /4<sup>th</sup> & 10<sup>th</sup> /11<sup>th</sup>. Many thanks

**Exposition:** Every parish has been asked to have an extended period of Exposition to pray for Vocations during their allocated week during the year. Our week is the 4th week of Lent so there will be Exposition from 10.00 until 17.30 on Wednesday March 14th. Please sign up for a half-hour (or longer) on the rota in the porch. Thank you.

**Day of Reflection:** Saturday March 10th, 10.30am-4.00pm, at Our Lady of Good Counsel and St Peter Catholic Church in March, led by David Payne, director of Café. Bring a shared lunch. More details on the poster in the porch and the Garden Room.

## **School Masses – Spring Term 2018** **23<sup>rd</sup> March**

All items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.