

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
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Christ feeds us.

Through the miraculous multiplication of the loaves and fishes, Jesus feeds the hungry people, just as he feeds us daily with his words and Eucharist. There was plenty left over when everyone had eaten enough. We too have much to give to others because of Christ's generosity to us. He calls us to give generously in our turn, and so to preserve the unity of spirit given to us as children of the same God the Father.

Readings *Sundays Year B ~ Ordinary Time ~ Psalms Week 1*
17th Sunday in Ordinary Time
29th July 2018

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| Entrance Antiphon | <i>God is in his holy place, God who unites those who dwell in his house; He himself gives might and strength to his people.</i> | |
| First Reading | <i>They will eat and have some left over.</i> | <i>2 Kings 4:42-44</i> |
| Responsorial Psalm | <i>You open wide your hand, O Lord, and grant our desires.</i> | <i>Psalm 144</i> |
| Second Reading | <i>One body, one Lord, one faith, one baptism.</i> | <i>Ephesians 4:1-6</i> |
| Gospel Acclamation | <i>Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!</i> | |
| Gospel | <i>Jesus gave out as much as was wanted to all who were sitting ready</i> | <i>John 6:1-15</i> |

Mass Times and Intentions

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| Saturday 28 th July | <i>17th Sunday in Ordinary Time</i> | <i>6:00 pm</i> | Holy Souls |
| Sunday 29 th July | | <i>10.30am</i> | Parishioners |
| Monday 30 th July | <i>Feria</i> | <i>9:15am</i> | James William Durith |
| Tuesday 31 st July | <i>St. Ignatius Of Loyola</i> | | No Mass |
| Wednesday 1 st August | <i>St. Alphons Liguori</i> | <i>7:00pm</i> | Deceased Members of Gillespie & Bye Families |
| Thursday 2 nd August | <i>Feria</i> | <i>9.15am</i> | Marie Minturn |
| Friday 3 rd August | <i>Feria</i> | | No Mass |
| Saturday 4 th August | <i>St. John Vianney</i> | | No Mass |
| Saturday 5 th August | <i>18th Sunday in Ordinary Time</i> | <i>6:00 pm</i> | Alice & Bill Secker |
| Sunday 6 th August | | <i>10.30am</i> | Parishioners |

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

Sick and Housebound – Please pray for Michele Bendall, Donna Edwards and Kenneth Jenkin.

Faithful Departed – please pray for Louis Pelhan, Ernest Smith, Dora "Maise" Chittock, Shauna D'Lee, Marjorie Kieorowski, Marie Davies, Florence Doggett, Marjorie Yates, Patrick Meehan, Philip Tilbrook, Patricia Lowe, Rosa Wood, Salome Miller Arcilla, Alfred Marcantonio, Joyce Conneely, Sheila O'Connor, Wilhelmina Ryan, Maria Zechmeister, and all whose anniversaries occur around this time.

When God gives hard bread, He gives hard teeth.

German Proverb

The Norfolk Churches Bike Ride and Walk takes place this year on Saturday 8th September. This is a fun way to raise money for church funds by either cycling, walking or even driving between churches in Norwich and the surrounding areas. Most churches will be open (there is a list) and you can make an interesting tour for you and your family.

Paula and Michael Hughes have done it for a number of years so speak to them. Sponsor forms are available from Geoff Green

Mission Appeal: Fr George Mathew SCJ will be here on the weekend of August 4th/5th to make the annual mission appeal on behalf of the Congregation of the Sacred Heart of Jesus of Betharram.

Sick List: Postcard-size slips are available in the porch for submitting details of those who would like to be on the sick list in the newsletter.

To mark the 480th Anniversary of the Dissolution of Walsingham Priory there is to be a Lecture given by Fr Michael Rear in the Church of the Annunciation, Walsingham, at 2pm on Saturday 4th August - 'Walsingham's Darkest Hour: The King's pleasure is that the Priory of Walsingham shall be dissolved' - followed by Vespers for the Feast of the Compassion of Our Lady from the 15th century Walsingham Breviary sung in the Abbey Grounds at 3:30pm.

Diocesan Summer Camp for children ages 8-14, Friday August 24th-Monday 27th, at Moreton Hall School, Bury St Edmunds. Further details on www.facebook.com/diocesansummercamps
Fr David has booking forms.

Collections: 21st / 22nd July £787.15
Many thanks

Vocations: Monday August 13th is our next monthly day of prayer for vocations. Mass will be for that intention at 09.15, followed by Exposition, ending with simple Benediction at 10.30.

The next Cake, Jam and Bring & Buy stall is on Sunday 5th August after Mass in the Garden Room. All proceeds to Mary's Meals and Blood Bikes.

Well Rooted pink water lily clumps available to pond owners. Contact Marcia on 01603 740393

Coffee mornings: Just wanted to say a big thank you for all the support we have had with the Monday coffee mornings. We have now donated £500 to e.a.c.h and we are sponsoring a "pave the path brick with St. Walstan R.C. engraved on it. The brick will be lining the garden path in the new hospice, "The Nook". Thank you again. Honor.

School Masses – Autumn Term 2018
7th September, 21st September,
5th October, 19th October,
1st November, 9th November, 23rd November,
18th December.