

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
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I will write my law on their hearts.

Christ, like a grain of wheat that dies in order to produce new life, dies for us. Following his example, we are called to realise that if we want eternal life we have to be prepared to give our lives to God. The Lord writes his law in our hearts and we submit humbly to his will, even in times of pain and suffering. There is no greater school in which to grow in holiness.

Readings *Sundays Year B ~ Weekdays of Lent ~ Psalms Week 1*
Fifth Sunday of Lent
18th March 2018

Entrance Antiphon	<i>Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, for you, O God, are my strength.</i>	
First Reading	<i>I will make a new covenant and never call their sin to mind.</i>	<i>Jeremiah 31:31-34</i>
Responsorial Psalm	<i>A pure heart create for me, O God.</i>	<i>Psalms 50</i>
Second Reading	<i>He learnt to obey and became the source of eternal salvation.</i>	<i>Hebrews 5:7-9</i>
Gospel Acclamation	<i>Glory to you, O Christ, you are the Word of God! If a man serves me, says the Lord, he must follow me; wherever I am, my servant will be there too. Glory to you, O Christ, you are the Word of God!</i>	
Gospel	<i>If a grain of wheat falls on the ground and dies, it yields a rich harvest.</i>	<i>John 12:20-33</i>

Mass Times and Intentions

Saturday	17th March	5th Sunday of Lent	6:00pm	Eileen Hogg R.I.P.
Sunday	18th March		10.30am	George & Constance Petrie
Monday	19th March	S Joseph	7:00am	Parishioners
Tuesday	20th March	Lent Feria		No Mass
Wednesday	21st March	Lent Feria	7:00pm	Deceased Members of the Bates & Drury Families
Thursday	22nd March	Lent Feria	9:15am	Fr. Gordon Cordy R.I.P.
Friday	23rd March	Lent Feria	9:15am	Mass in School
			7:00pm	Stations of the Cross
Saturday	24th March	St. Patrick	10.00am	Beatrice Robinson
Saturday	24th March		6.00pm	Parishioners
Sunday	25th March	Palm Sunday	10.30am	Cecil & Daphne Sparkes R.I.P.

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

Sick and Housebound – Please pray for Donna Edwards, Paula Carroll, Owen Green, Dorothy Rose, Therese Anne Finnie, Fr. Michael Hood, John Wright, Sery Mao, Anne Stanway, Christina Thomas, Geoffrey Croasdale, Katie Hawkets, Juana Pagaoa, Peter Brown, Michael Coster, Marlene Coster, Peter Derricourt, Mark Taylor, Eila Barnett, Teresa Barron, Michele Bendall, Anthony Potter, Sybil Chamberlin, Joan De Manby, Veronika Cook, Alice King, Robert Pitts, Oliver Rogers, Ella-Grace Honeyman, Darren Platts, Vivienne Mallet, Claire Edmeades, Richard O'Brien, Jose Monzon, Nancy Daley, Marguerite Ross, Ken Jenkin, Darren Grey, Susan Redford, Penny Bartlett, Banny Kibblewhite, Lory Brooks, Helen Freeston, Ann Bethany and Antoni Gadzicki.

Faithful Departed – please pray for Edmund Cooper, Bertha Wilby, David White, Winifred Barnes, Julie Ann Waterhouse, Philomena Newton, William James Barnes, Michael Coady, Charles Coulter, Sidney Breeze, Maurice Blake, Leonard Vince, Alison Ward, Valerie Ramsbottom, Jean Bates, Philip McDermot, Marian Kotlarz, Declan McCloskey, Thomas O'Sullivan, Nellie Foulger, Beatrix Robinson, Mary Cousins and all whose anniversaries occur around this time.

Was anything real ever gained without sacrifice of some kind?

Arthur Helps

Confessions: There will be no confessions after morning Mass on Saturday March 24th, as the First Holy Communion children will be making their first confessions. However, on the following Saturday, March 31st, there will be confessions from 10.00-11.00am.

Chrism Mass: This will take place at the cathedral at 7.00pm on Tuesday March 27th.

Mater Desolata: A journey with Mary back into Jerusalem on the evening following the crucifixion. Fr David will lead this devotion at 7.00pm on Good Friday, March 30th.

Easter Egg Hunt: This annual event will follow the morning Mass on Easter Sunday, April 1st.

National Catholic Men's Pilgrimage to Walsingham: Sunday 22nd April 2018, 10.30-17.30. A warm invitation to the first, annual pilgrimage for Catholic men. For more information visit www.catholicman.co.uk

Fully escorted Pilgrimage to Knock Shrine, Ireland, 23rd April 2018. £599 per person sharing. Price includes flights with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions and guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at supplement of £100. Groups and Individual bookings welcome. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com

'They Served': Please see the letter on the noticeboard in the porch about contributions of family stories, anecdotes, etc., that are needed for a display at the cathedral on the Heritage Open Days later this year. More information can be obtained from Julia Stafford on 01603 724381 or by emailing heritageopendays@sjbcathedral.org.uk

Rosary on the Coast for Faith, Life & Peace in the British Isles - Sunday April 29th 2018 at 3pm. Rosary on the Coast is an initiative of the Lay Faithful across the British Isles inviting the faithful of our nations, with the support of our clergy and Bishops, to a Day of Prayer for Faith, Life and Peace which will surely be pleasing to the Holy Spirit, and to Our Blessed Mother.

Please check <https://www.rosaryonthecoast.co.uk/> or visit the facebook page [rosaryonthecoast/](https://www.facebook.com/rosaryonthecoast/) for more information

Collections: 10th /11th £996.66
Many thanks

Historic Churches Cycle Ride: We have just received a cheque for £391.29 as our share of this event, which took place last September. Many thanks to those who took part and to all sponsors.

The flower arranging and watering rota's are now ready and in the flower cupboard. Thank you

Baptism Class: The next class for parents wishing to have their children baptised will be held in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday March 24th. For further details please see Fr David or Deacon Bill.

Saturday March 17th: There will be tea and coffee in the Garden Room after the evening Mass.

Mysterium (March 29th - April 1st) - An Easter Triduum retreat for 18 - 35s. Journey through the Triduum as a community of young adults in the intimate surroundings of Dowry House, Walsingham. Led by the Ignite Team. See www.rcdea.org.uk/youth for more details.

Lent: Early morning Mass, Monday at 7:00am. Stations of the Cross will be on Friday at 7:00pm.

HOLY WEEK Readers & Ministers have now been allocated their ministries. Please check the list in the porch & make a note of the services for which you'll be needed. If you are unable to attend for any reason, please arrange for another reader or minister to take your place.

Coffee Morning: There will be no Monday coffee morning during Lent. We will be back to normal after Easter. Starting back on the 16th April. Thank you.

School Masses – Summer Term 2018
20th April, 10th May, 18th May, 8th June, 22nd June
29th June, 13th July, 20th July

All items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.