

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
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Alive through the waters of Baptism.

We die to the world and live to God through the waters of Baptism. We will still be tempted, as Christ was in the wilderness, but if we repent and believe the Gospel we have nothing to fear. The Lord is faithful to those who keep their promises to him.

Readings

Sundays Year B ~ Weekdays of the Year ~ Psalms Week 1

1st Sunday of Lent

18th February 2018

Entrance Antiphon

*When he calls on me, I will answer him;
 I will deliver him and give him glory,
 I will grant him length of days.*

First Reading

God's covenant with Noah after he had saved him from the waters of the floods. *Genesis 9:8-15*

Responsorial Psalm

*Your ways, Lord, are faithfulness and love
 for those who keep your covenant.* **Psalm 24**

Second Reading

That water is a type of baptism, which saves you now. *1 Peter 3:18-22*

Gospel Acclamation

*Praise to you, O Christ, king of eternal glory!
 Man does not live on bread alone,
 But on every word that comes from the mouth of God.
 Praise to you, O Christ, king of eternal glory!*

Gospel

Jesus was tempted by Satan, and the angels looked after him. *Mark 1:12-15*

Mass Times and Intentions

Saturday	17th February	1st Sunday of Lent	6:00pm	May & Pat Cullen
Sunday	18th February		10.30am	Alison Ward R.I.P.
Monday	19th February	Lent Feria	7:00am	Tony Green R.I.P.
Tuesday	20th February	Lent Feria		No Mass
Wednesday	21st February	Lent Feria	7:00pm	Jeanne-Marie Parmentier
Thursday	22nd February	The Chair of St.Peter	9:15am	Parishioners
Friday	23rd February	Lent Feria	9:15am	Mass at School
			5:30pm	Stations of the Cross
Saturday	24th February	Lent Feria	10.00am	Betty mcGlin R.I.P.
Saturday	24th February		6.00pm	In Thanksgiving
Sunday	25th February	2nd Sunday of Lent	10.30am	Deceased members of the Petrie Family

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

Sick and Housebound – Please pray for Dorothy Rose, Therese Anne Finnie, Fr. Michael Hood, John Wright, Sery Mao, Anne Stanway, Christina Thomas, Geoffrey Croasdale, Katie Hawkets, Juana Pagaoa, Peter Brown, Michael Coster, Marlene Coster, Regina Mukontiene, Peter Derricourt, Mark Taylor, Eila Barnett, Teresa Barron, Michele Bendall, Anthony Potter, Sybil Chamberlin, Joan De Manby, Veronika Cook, Alice King, Robert Pitts, Oliver Rogers, Ella-Grace Honeyman, Darren Platts, Vivienne Mallet, Claire Edmeades, Richard O'Brien, Jose Monzon, Nancy Daley, Marguerite Ross, Ken Jenkin, Darren Grey, Susan Redford, Penny Bartlett, Banny Kibblewhite, Lory Brooks, Helen Freeston, Ann Bethany and Antoni Gadzicki.

Faithful Departed – please pray for Thomas Barrett, Margaret Thorne, Eileen Moreton, Percy Harvey, Cecil Mitchell, Mary Johnson, George Hunt, Maureen Thompson, Muriel Greef, George Connell, Kathleen Green, Lily Dowes, Howard Miller, James Smith, John Cronin, Ricardo Benna, Donald Stephen Williams, Walstan Carr, Robert Smith and all whose anniversaries occur around this time.

Rosary on the Coast for Faith, Life & Peace in the British Isles
Sunday April 29th 2018 at 3pm.

Rosary on the Coast is an initiative of the Lay Faithful across the British Isles inviting the faithful of our nations, with the support of our clergy and Bishops, to a Day of Prayer for Faith, Life and Peace which will surely be pleasing to the Holy Spirit, and to Our Blessed Mother.
Please check <https://www.rosaryonthecoast.co.uk/> or visit the facebook page [rosaryonthecoast/](https://www.facebook.com/rosaryonthecoast/) for more information

Sacred Heart School, Swaffham requires a Year 5 class teacher for Summer Term 2018. See poster in porch for more details.

Missio Box Holders – Please bring your boxes to church on first two week-ends of March 3rd /4th & 10th /11th. Many thanks

Deanery Station Mass with the Bishop and deanery clergy, at St George's Church, Sprowston Road, Norwich on Thursday, March 1st. Confessions from 6.00pm, Mass at 7.00pm, followed by Lenten refreshments.

LENT LUNCHESES: Churches Together in Costessey will again be holding lent lunches with all proceeds being forwarded to Christian Aid as a gift from the Christians in Costessey. The lunches will be from 12.00 noon to 2.00pm each Saturday on **March 3rd at St Helen's, March 10th at Costessey Baptist Church & March 17th at St Walstan's**. As there is still no firm date for the re-opening of St Edmund's, no lunch has been planned there. Please support as many of the lunches as you can.

Diocesan Charismatic Renewal Day: Saturday February 24th at the Church Centre, Bowthorpe, NR5 9AA. Drinks provided, bring a packed lunch. Further details on poster in porch.

World Youth Day 2019 in Panama - Booking Deadline: Join with thousands of other young Catholics from across the world, for a week of pilgrimage culminating in Mass with Pope Francis. Booking closes at the end of February 2018. Please see www.rcdea.org.uk/youth for more information

40 Days for Life: Can you spare an hour a week over Lent to participate in prayer and silent witness as part of a 40 Days for Life campaign in Norwich?

This international initiative, which began twenty years ago as a means of peacefully calling for an end to abortion and offering a presence for mothers who feel they have no other option, is now being hosted for the first time in our diocese of East Anglia, with Bishop Alan's blessing and support. The Lenten vigil will be held outside the BPAS clinic on Bowthorpe Road during the clinic's opening hours from Feb 14th to March 25th. Contact Katy Griffin at katymariegriffin@gmail.com if you would like to help out and sign up on the rota, either for a weekly slot or as a one-off (there will never be less than two people there at a time). To find out more about this worldwide campaign, visit www.40daysforlife.com.

Collections: 10th / 11th February £733.22
Many thanks

HOLY WEEK READERS & MINISTERS: if you are able to minister at any or all of the Services during Holy Week & the Easter week-end, please put your name on the list in the porch so that the ministries can be shared out. The list will stay up until Sunday, February 25th.

Lent: Early morning Masses, Mondays at 7.00am followed by breakfast in The Garden Room.

Please note that the Stations of the Cross this week is at 5:30pm.

Saturday February 17th: There will be tea and coffee in the Garden Room after the evening Mass.

Altar Servers: Please make sure that you have all taken one of the letters about the half-day reflection on June 23rd.

Competitions for Young People: Please see the posters in the porch about the Knights of St Columba's' three competitions: Easter Scene Painting; Essay Writing; and Prayer Writing.

The Cake, Jam and Bring & Buy stall raised £91.81. All proceeds go to our charities. Many thanks for all your support.

Coffee Morning: There will be no Monday coffee morning during Lent. We will be back to normal after Easter. Starting back on the 16th April. Thank you.

Exposition: Every parish has been asked to have an extended period of Exposition to pray for Vocations during their allocated week during the year. Our week is the 4th week of Lent so there will be Exposition from 10.00 until 17.30 on Wednesday March 14th. Please sign up for a half-hour (or longer) on the rota in the porch. Thank you.

Day of Recollection: Saturday March 10th, 10.30am-4.00pm, at Our Lady of Good Counsel and St Peter Catholic Church in March, led by David Payne, director of Café. Bring a shared lunch. More details on the poster in the porch and the Garden Room.

School Masses – Spring Term 2018
23rd February
9th March – 23rd March

All items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.